

How Diaspora Conflicts Within HBCUs Influence Black Community Members’ 7 Dimensions Of Wellness

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Introduction

Abstract

Diaspora conflicts have potential profound implications for the health and well-being of the black community. This study explores the interplay between experience with diaspora conflict and health. Through an analysis of the overall wellness of the black diaspora this research aims to provide valuable insights for culturally sensitive interventions. With ever growing ways in which conflict can be induced the study is aimed at highlighting the urgent need for holistic support systems and efforts to address underlying structural inequalities perpetuating conflict between the black diaspora. The findings from this study can spark improvement in the health and well-being of the black diaspora community.

Aims of the Research

This study aims to provide more insight as to if there is a connection between diaspora conflict and the holistic wellness of Black Diaspora group members. These insights will offer valuable information as to how different demographics within the diaspora experience conflict amongst each other. The study also aims to bring awareness to different avenues of conflict whether that be intrapersonal or intergroup.

Research Question: How does Diaspora conflict effect members of the black Diaspora 7 Dimension’s of Wellness?

Examples of Diaspora Conflict



Diaspora Conflict Definition: A conflict that can occur between Diaspora groups, either within the diaspora or between diasporas in different countries.

Method

Research Design

The research design is implemented through a qualitative approach. Qr codes were displayed across FAMU's campus and social media with a link to a survey potential participants completed to be eligible to participate. The surveys addressed different demographic information ranging from socioeconomic to geographical. 14 surveys were collected and sorted through to see which ones were ineligible. I reached out to all eligible participants and four people responded making them the selected individuals for the study. A semi-structured interview with open-ended questions allowing for fluidity was then conducted. All questions were posed in a way that would allow participants to effectively share their experiences, beliefs, and insights. Each interview was recorded and transcribed for proper analysis.

Participants

Participants were selected based on their identification as Black or as part of the Black diaspora. To gather insights into their backgrounds and heritage, a brief demographic questionnaire was administered, not for exclusion but to enrich analysis by identifying patterns within the group. Non-probability convenience sampling was used to include participants whose experiences aligned with the research questions. Recruitment primarily took place at FAMU, an HBCU, through social media and word-of-mouth.

Category	Details
Target Sample Size	4–6 participants
Final Sample Size	4 participants
Gender Distribution	3 female, 1 male
Heritage Breakdown	2 Haitian, 1 Jamaican, 1 mixed Jamaican-Guyanese & African American
Place of Birth	2 born in the U.S., 2 born in respective countries

Data Collection and Analysis

Data was gathered through interviews in which participants viewed a short YouTube clip on Diaspora conflict and shared their feelings in response. They then offered personal interpretations of Diaspora conflict, touching on themes like media representations and cultural influences. The interview progressed to more focused questions on the 7 dimensions of wellness, with participants discussing how Diaspora conflict has positively or negatively impacted each dimension. After recording and transcribing the interviews, the transcripts were analyzed in NVivo, where responses were coded into themes of Black experiences, Generational disassociation, and the 7 dimensions of wellness.

Results

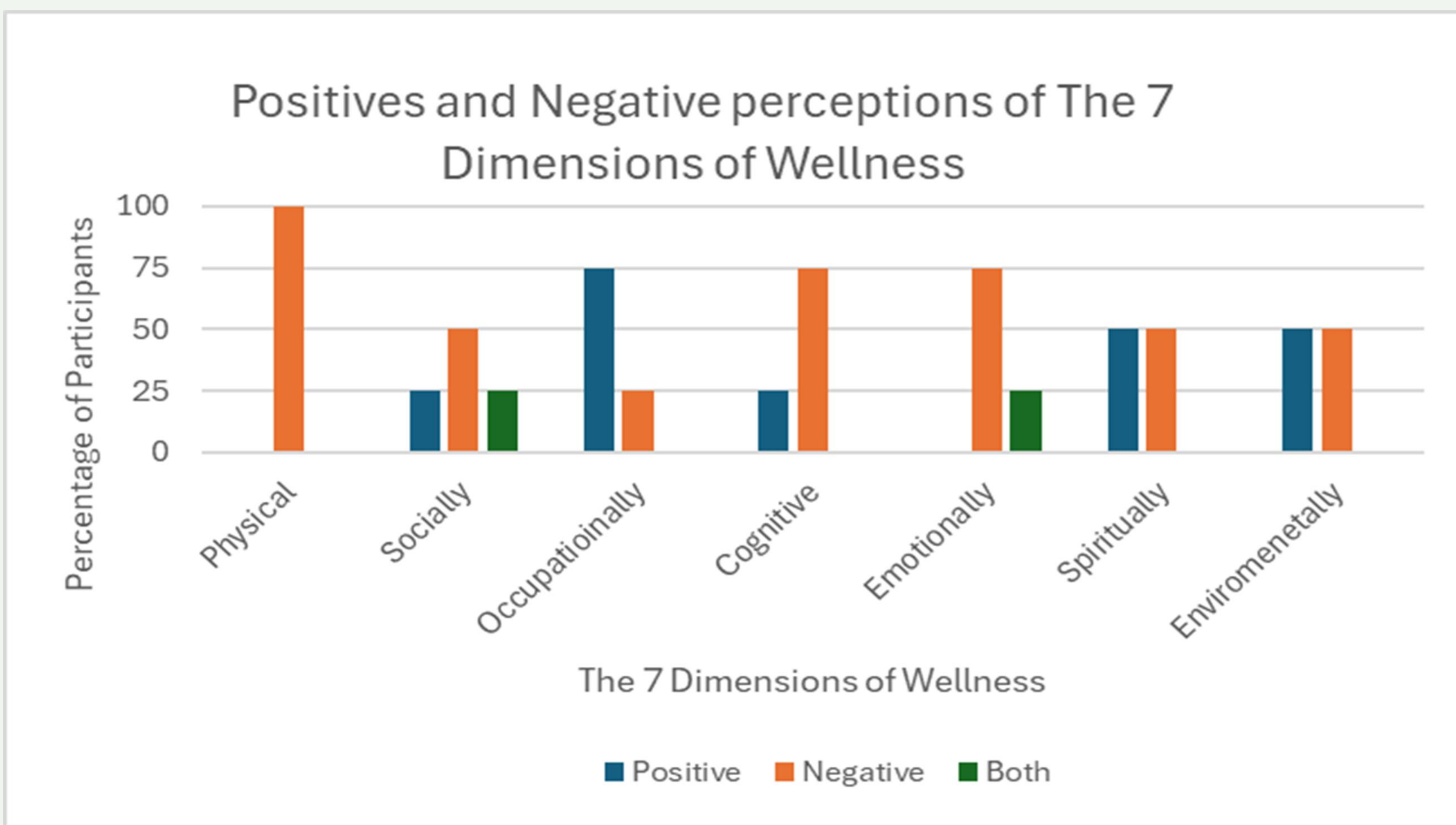
Conclusion

The research reveals an interconnectedness between Diaspora conflict and wellness within the Black community, predominantly highlighting negative impacts. This trend underscores a need for targeted educational and wellness initiatives. As anticipated, African and Caribbean participants readily acknowledged Diaspora conflicts, with all expressing either personal experiences or awareness of them.

A key theme emerged around identity and belonging challenges across Black communities. One participant shared, “That definitely impacted me because I didn’t really want to be around Haitians... but even with Black Americans, I still felt left out.”

These insights were coded under "Black experiences" to capture nuanced impacts on participants’ social and cultural well-being.

Diagram



Discussion

The strengths of this study lie in its relevance and comprehensive approach. The topic, though crucial, is often overlooked, making it essential to explore, especially in today's global context. By examining the seven dimensions of wellness, this study offers a holistic view of the unique experiences within the Black diaspora.

However, the study also has limitations. Generalizability is restricted by the number and demographics of participants, potentially making the findings applicable to certain diaspora groups rather than universally applicable. Additionally, bias is an inherent challenge; individual negative experiences with certain people might influence participants' perceptions of entire demographic groups

The study conducted and its conclusions leaves room for more extensive research on the topic being that Diaspora conflict is such a broad issue



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